

PRESCHOOL DEVELOPMENTAL SCREENINGS

Lynn Herlihy, MS, OT/L

I am a pediatric Occupational Therapist with over 25 years of experience working with children. I am available to travel to your Park Slope* preschool to provide screenings (or full evaluations) for your students. If you have concerns about just a few children, or if you would like to gain more information about all of your students, I can help you gain a better understanding of the child's current motor skills. This is valuable information that you can share with parents at meetings and parent-teacher conferences, thus promoting your program's commitment to quality education and supporting the sensorimotor development of your students.

Individual Student Screenings

During individual, 20 to 30-minute sessions with each child, I will assess both fine and gross motor development. After meeting with each child, I will document if they are on target for meeting developmental milestones, or if there are areas of need that should be addressed. She will recommend follow-up, for both home and school. A short written summary for each child will be provided within three days following the screening. The screening includes:

- Clinical observation of hand skills (blocks, marker, scissors, two-hand use, strength).
- Clinical observation of gross motor skills (walk/run/jump, stairs, ball skills).
- Sensory processing observations (response to tactile input, sights, and sounds).
- Screening of school readiness skills (color/shape/letter recognition, attention, social skills).

Additional time can be scheduled to review the findings with program directors, classroom teachers, and/or parents, based on the needs of your program

- Review of screening forms completed by the classroom teacher, to identify any areas of concern in the domains of motor skills, hand skills, self-help skills, social skills, and sensory processing.

Whole Classroom Observations

If you would like to gain valuable insight into how your classroom is addressing the sensory and fine motor needs of your students, I can provide you with lots of feedback following my classroom observation. Typically, these range from a minimum of two hours to a full day with your program (changing classrooms is permitted). Based on my years as an OT, my deep understanding of child development, and my experience working in schools and private practice, I can help teachers identify students who may need some extra support (from them) and those who may benefit from specialized assistance (an OT, PT, or Speech eval).

Examples of information I provide following an observation include:

- Specific suggestions for optimal seating and positioning for kids who are fidgety and distracted during rug/circle time
- Examples of writing utensils for children with immature grasps, to help facilitate a more mature grasp
- Classroom modifications to help with kids who get overstimulated by noises, touch, and sights
- Indoor movement breaks to provide sensory input to children who have trouble sitting and attending

Consultation with Teachers

I can meet with your classroom teachers 1:1, or in small groups, to discuss fine motor skills and sensory processing. We can discuss specific concerns they have with a child or general classroom management suggestions, lesson plans, and curriculum development within the OT areas of child development: fine motor skills (including grasp, bilateral integration, hand strength, and dexterity), self-help skills (including self-feeding and dressing), gross motor coordination (balance, body and spatial awareness, safely navigating the classroom), visual-motor skills (coloring, cutting, prewriting, puzzles), and sensory processing (responding appropriately to touch, sound, movement, etc.)

Rates

Hourly Rate: \$200/hour

Half Day Rate (any 3-hour block): \$500

Full Day Rate (Full school day, 9 am to 3 pm): \$1000

If you are interested in multiple days, a full week, or a recurring monthly consultation, discounted rates are available.

**For locations outside of the Park Slope area, I charge an additional travel fee based on my hourly rate.*